

### Be sure to check out...

Each weekend from Memorial Day through Labor Day, park staff at Tuckahoe, Martinak and Sassafras NRMA offer a variety of free, family-oriented programs and activities. Details can be found on flyers posted throughout the park, or call the park office to learn more.

Want to rent a canoe? On weekdays come by the park office. Weekends, visit the lakefront boathouse at Tuckahoe or the Nature Center at Martinak. Both parks have canoes, volleyballs, horseshoes and fishing poles available for rent. Tuckahoe also has kayaks and mountain bikes. Both parks also offer a number of t-shirts, souvenirs and ice cream treats to cool off!



Larry J. Hogan, Jr., Governor

Boyd K. Rutherford, Lt. Governor

Mark Belton, Natural Resources Secretary



**Tuckahoe State Park**  
13070 Crouse Mill Road  
Queen Anne, MD 21657

**Martinak State Park**  
137 Deep Shore Road  
Denton, MD 21629

**Sassafras NRMA — Knocks Folly**  
13761 Turners Creek Road  
Kennedyville, MD 21645

**Wye Island NRMA**  
632 Wye Island Road  
Queenstown, MD 21658

**Phone: 410-820-1668**

**Fax: 410-364-5615**

**E-mail: [tuckahoe.statepark@maryland.gov](mailto:tuckahoe.statepark@maryland.gov)**

# Mid & Upper Shore State Parks

## ADVENTURE | DAYCAMPS & FAMILY ACTIVITIES



# 2017



The mission of the Maryland Park Service is to manage the natural, cultural, historical and recreational resources to provide for wise stewardship and enjoyment by people.

## Activities & Special Events



### Rock Climbing!

Take part in Tuckahoe's Open Rock Wall & Zip Line sessions, open to both experienced

climbers looking to practice and those who have never climbed before. The wall and zip line will be open on **Sat., May 27** and **Sat., Sept. 2** from 11 a.m.-2 p.m. Children under 18 must be accompanied by parent/guardian; minimum climbing age 7. Cost is \$10 per climber (paid upon arrival).

### Family Fun

**Days!** Bring your family and friends to Tuckahoe's Challenge Course on **Sat. Sept. 30** and **Sat. Oct. 28** from 11a.m.-2 p.m. Kids and grown-ups alike will enjoy the 40-ft. rock wall, tube net, zip line, 50-ft. giant swing, and 25-ft. pamper pole. Adults 16 and older \$20/person, youth ages 7-15 \$10/person; pre-registration recommended.



### Paddling!

Join park staff for **guided canoe/kayak trips**. Tuckahoe Creek trips will depart from the boathouse on **Sun., May 28** and **Sun., Sept. 3** at 6 p.m. Martinak's Watt's Creek trips will depart from the Nature Center on **Sat., May 27** and **Sat., Sept. 2** at 6 p.m. Reservations required; a min. 6 participants per trip. \$10/adults, \$8/children 14 & under (paid upon arrival).



## HEALTHY PARKS, HEALTHY PEOPLE

An exciting new partnership between the Department of Natural Resources (DNR), Caroline County Health Department and area healthcare providers, this program encourages local doctors to give their patients prescriptions to increase physical activity and take part in healthy programs offered at nearby state parks. Each week Tuckahoe & Martinak will offer **free** wellness activities such as staff-led walks, yoga, volleyball, bike rides and much more. Check out [dnr.maryland.gov/publiclands/Pages/healthyparks.aspx](http://dnr.maryland.gov/publiclands/Pages/healthyparks.aspx) for more information, as well as the park's bulletin boards and social media pages for current program offerings.

### Tuckahoe Triathlon, June 4



Designed for serious athletes & amateurs alike, this annual event consists of a 2-mile run, 10-mile bike and 1-mile canoe course. Categories for individuals, teams and parent-child with prizes in each. The race starts at **8 a.m.**; participants should plan on being early. Advance registration \$20/individual & \$30/team; \$5 canoe rentals available. Come out and enjoy a morning in the park, competing or cheering on the participants!

## Junior Rangers & Park Pals at Martinak State Park



### Junior Rangers

One of several efforts by the Maryland Park Service providing local youth (ages 7-12) with conservation information, environmental education and fun recreational experiences, Martinak State Park will host this

popular program on **Wednesdays (6/22–7/27)** from **7–8:30 p.m.** Each program consists of activities surrounding a specific topic, games, crafts, a snack and more. Upon completion of the program, each Jr. Ranger will receive a membership card, quest book, and badge at an awards ceremony and family camp-out (8/5-8/6 at Tuckahoe). The cost is \$30 per child; advance registration is recommended.



### Park Pals

This weekly program is geared for children 4-6 years old and features games, snacks, stories, and other fun nature-related activities.

Programs will be held on **Wednesday evenings**

(6/22-7/27) from **6-7 p.m.** at Martinak's Nature Center. Participants will earn a badge and other goodies at the awards ceremony and family campout that will be held in conjunction with the Jr. Rangers (8/5-8/6 at Tuckahoe). The cost is \$20 per child; advance registration is required.

## Adventure Day Camps at Tuckahoe State Park

Join trained park staff as they promote safety and enjoyment in the beautiful outdoors. All camps are for youth **ages 8-14**. Campers will receive a t-shirt, snacks, drinks and other goodies. All necessary equipment and supplies are provided. Campers should come prepared with proper clothing for the outdoors, as well as water bottles, sunscreen, sunglasses, hats, appropriate footwear, etc. The park reserves the right to cancel any programs that have less than 6 participants. Please call the park at 410-820-1668 for more information. 4-day camps are \$130 per person; 2-day camps are \$40 per person. *Those signing up for multiple camps, or multiple children in a family, will receive \$5 off each additional camp. "Between Care" (11:30-12:30) will be offered for those attending two camps in one day (\$5 per day); bring a bag lunch. Scholarships are available for families in need - email [tuckahoe.statepark@maryland.gov](mailto:tuckahoe.statepark@maryland.gov) for more information.*

### 4-Day Camps

We are offering 4-day camps that will run **Monday through Thursday, 9 a.m. to 3 p.m.** for youth ages 8-14. These camps will include activities from ALL of our day camps and more. Participants will explore Tuckahoe by canoe, mountain bike and on foot. Animal lovers will have the chance to learn about our raptors and reptiles through a behind the scenes tour of our Scales & Tales aviary. Other activities will include archery, fishing and nature art, as well as a day on our Challenge Course where campers will have a chance to try all of our low and high ropes elements. There will be 3 sessions of this 4-day camp: **#1 June 26-29, #2 July 10-13 and #3 July 24-27.**

### 2-Day Camps



**Archery #1 June 22-23, 9-11:30 a.m.**  
**#2 July 17-18, 9-11:30 a.m.**

Campers learn safe bow & arrow handling techniques, build marksmanship skills and confidence through a variety of practice games and exercises, and take part in target practice at Tuckahoe's archery range. All archery equipment is provided.

**Paddling July 17-18, 12:30-3 p.m.**

This camp will teach kids everything they need to know to paddle canoes & kayaks safely. We will begin with basics on shore, then play games on the lake and end with a trip up Tuckahoe Creek. All paddling equipment/gear is provided.



**Biking July 20-21, 9-11:30 a.m.**

Tuckahoe has over 20 miles of trails to explore! Kids will learn safe bicycling skills; bikes will be provided or kids may bring their own.

**Wildlife Explorers July 20-21, 12:30-3 p.m.**

This camp is designed for all those who love critters! Kids will get behind the scenes access to our Scales & Tales animals, learn about the park's diverse habitats, and so much more!



**Fishing June 22-23, 12:30-3 p.m.**

Tuckahoe Lake is the perfect spot to learn how to fish. This camp will teach all the basics, from baiting a hook to casting. Kids will play games, learn what critters live in the lake and have their own fishing derby. All fishing equipment, including bait, is provided; however, kids are also welcome to bring their own fishing rods if they'd like.



**High Ropes #1 July 6-7, 9-11:30 a.m.**  
**#2 July 31–August 1, 12:30-3 p.m.**

This intro to climbing is a fast-paced adventure! Campers will explore the basics of belaying, knot tying, and climbing techniques on Tuckahoe's 40-ft. climbing wall and 25-ft. pumper pole, as well as the course's other fun elements.



**Low Ropes July 31–August 1, 9-11:30 a.m.**

Campers will work as individuals and teams to solve problems, tackle challenges, and play exciting games on the low course (no climbing gear needed — just sneakers and some imagination!)



## Program Registration Form

<b>Participant Name:</b> _____	<b>Age:</b> _____
<input type="checkbox"/> Martinak Jr. Rangers	\$30
<input type="checkbox"/> Martinak Park Pals	\$20
<input type="checkbox"/> High Ropes Camp # _____	\$40
<input type="checkbox"/> Paddling Camp	\$40
<input type="checkbox"/> Fishing Camp	\$40
<input type="checkbox"/> Archery Camp # _____	\$40
<input type="checkbox"/> Biking Camp	\$40
<input type="checkbox"/> Wildlife Explorers Camp	\$40
<input type="checkbox"/> Low Ropes Camp	\$40
<input type="checkbox"/> 4-Day Adventure Camp # _____	\$130
<input type="checkbox"/> Between Care dates: _____	\$5/day

**Total:** \_\_\_\_\_

Email: \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Emergency Contact Name/# \_\_\_\_\_

Allergies/Medical Conditions/Concerns \_\_\_\_\_

**Parent/Camper Agreement:** I agree to hold harmless Tuckahoe and Martinak State Parks and all of their employees, officers and agents in the event of an injury occurring to my child. I recognize that participating in these activities has a certain amount of risk and that injury is always possible. I certify that my child is, to the best of my knowledge, physically able to participate in this activity. I assume full financial responsibility for medical expenses arising out of such an injury. I hereby authorize the camp director to act for me according to his or her best judgment in any emergency medical situation. I authorize park employees to transport my child, in a park vehicle, within the park, if necessary. Photo Release for Children Under the Age of 18 : I hereby grant to the Maryland Department of Natural Resources and to its employees, agents and assigns the right to photograph my dependant and use the photo and/or other digital reproduction of him/her or other reproduction of his/her physical likeness for publication processes, whether electronic, print, digital, or electronic publishing via the internet.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Child's Printed Name \_\_\_\_\_ Child's Signature \_\_\_\_\_

Mail this form & check (payable to Tuckahoe State Park) directly to the park office: 13070 Crouse Mill Road, Queen Anne, MD 21657

The facilities and services of the Maryland Department of Natural Resources are available to all without regard to race, color, religion, sex, sexual orientation, age, national origin or physical or mental disability. Accommodations for individuals with disabilities will be provided upon request. 7 days advance notice is requested.