

An insiders guide on how to have the best experience at Assateague State Park!



It's all about **Timing!**

Pro Tip: Want to secure your spot on the beach? During the busier summer months, its best to arrive before 10am or after 2pm, avoid traffic congestion and crowded beaches.



Food + Beach= Horse Buffet!

Pro Tip: The beach sounds like a great place to have a picnic, but add in wild horses and it can cause a mess! Food is best left in the car or if you have to bring a snack use a zippered bag or locked cooler. If a horse does get into your food or approaches you back away to a safe distance of 40 ft if possible.



When Thunder Roars Go Indoors!

Pro Tip: When thunder is heard, the beach and ocean will be cleared for at least 30 minutes. You may seek shelter in your car or in a bathhouse. Pay attention to the signs at the crossover to the beach, park staff will post restrictions here to let visitors know if conditions are dangerous and no swimming is allowed.



So you think you can **Swim?**

Pro Tip: Check out the wave conditions before you get in the water. Colored flags help to indicate ocean conditions. Always swim near a lifeguard and keep a close eye on children. Need a life jacket?

See a lifeguard for a loaner.



What's the **Buzz?**

Pro Tip: Always check the weather before you head to the beach, not only for storms but for wind direction!

Did you know that west winds typically mean there will be more flies on the beach?



Sand, Sand **EVERYWHERE!**

Pro Tip: Everyone loves to dig in the sand, but did you know that digging deep holes is dangerous. Play it safe and only dig holes as deep as the knees of the shortest person in your group and make sure you fill them in before you leave.

